



A LITTLE BIT ABOUT ME...

I am motivated to elevate leaders and empower others to reach their potential. As a coach, consultant and speaker I partner with leaders and organizations to improve their level of effectiveness, efficiency and excellence.

The world we live in is filled with both rapid change and tremendous opportunities. As a coach I assist others in navigating the change and creating a path that will lead them towards the fulfillment of their specific objectives.

My extensive corporate and ministry background has made me uniquely qualified to assist others in reaching their goals.

I received a Bachelor of Science Degree in Finance from Bowling Green State University and was subsequently employed by IBM as a marketing representative. Following IBM, I worked for National City Bank in Toledo, Ohio, as a Trust Administrator/Officer and became head of the Corporate Trust Department. In addition, I have received a Master of Arts in Organizational Leadership from Regent University.

As president of **JSS Consulting, Inc.**, I help today's leaders transition into a greater sense of purpose and fulfillment. After 25 years of working with pastors and leaders I have developed keen insight in the areas of strategic planning, leadership development, systems implementation, and enhancing staff productivity.

I also serve as Lead Pastor of Strong Tower Church in Fredericksburg Virginia. It is a vibrant and diverse congregation of nearly 2000. In addition, I serve as Director of Cornerstone Global Network under the leadership of Bishop Michael Pitts. It is a network of over 80 churches throughout the United States, Mexico, South Africa and the U.K.

I believe that the power of partnership makes the impossible possible. My coaching is designed to support you in discovering the solutions that will unlock the success that is awaiting you.

I have been married to my college sweetheart Nicola since July 11, 1992 and we are the proud parents of Lauren, Kristin, and Jeffrey.

I ALSO HOLD CERTIFICATIONS FOR THE FOLLOWING:

- Myers Briggs Type Indicator
- The DISC Personality Assessment

WHAT IS COACHING?



COACHING IS...

- Possibility thinking
- Solution discovery
- Crafting strategies for success
- Identifying limiting factors that will be a barrier
- Tailored to the client's personal goal
- A proven methodology

COACHING IS NOT...

- Therapy
- Consulting
- Mentoring
- A cookie cutter approach to development
- Counseling



MY COACHING APPROACH

It is a client driven process that focuses on creating an ideal outcome through identifying solutions that will enable the person to move forward. It assists the person in locating the challenges that prevent them in the process. It also crafts strategies to address these challenges and achieve personal success. I recognize that each client is different, and every scenario is unique.

Therefore, I do not offer a canned approach or a cookie cutter method. I strive to be sensitive to the individuality of each client. All conversations are held in strictest of confidence.

THE IDEAL CLIENT

I work with individuals who aspire to grow and are committed to taking ownership for their development. I love to partner with clients that are willing to invest the time and energy into a process that enables them to raise their level of leadership and tap into unrealized potential.

If you are ready to roll up your sleeves and work towards a brighter future, you are possibly a candidate for my services.



COACHING AGREEMENT

GENERAL INFORMATION

This agreement, between _____ and _____
COACH CLIENT

will begin on _____ and will continue for a minimum of three months.
DATE

FEE SCHEDULE

\$ Fee for the initial meeting

\$ Monthly fee for initial three (3) months, payable in advance of each month

TERMS

The services to be provided by the coach to the client will be jointly agreed upon. Coaching sessions are conducted in person, by phone or by Skype, in meetings that are typically from one to two hours in length and are supplemented by phone calls and emails. Coaching, which is not advice, therapy, or counseling, may address specific personal projects, business successes, or general conditions in the client's life or profession. The coaching will concentrate on future options, solution discovery and choices of the client.

Upon completion of the three months, coaching will continue on the same quarterly basis, or a monthly basis if deemed appropriate. The client and coach agree to provide one another with a fourteen-day notice in the event either party wants to cancel future services.

The coach assures the client that all information provided to the coach will be kept strictly confidential. Our signatures on this agreement indicate full understanding of and agreement with the information contained in this agreement.

COACH

CLIENT

DATE

DATE

COACHING INTAKE FORM

PART 1

CLIENT INFORMATION

Name

Age

Mailing Address

City

State

Zip

Home Phone

Mobile Phone

Work Phone

Ext

Place of Employment _____

Professional Fields of Study and Experience?

Current Work Titles & Function? (if applicable)

Past Coaching Experiences (Have you utilized a coach in the past and if so, how was your experience?)

COACHING INTAKE FORM

PART 2

QUESTIONNAIRE

Referral Source _____

Reason for seeking a Coach at this time?

How long has this current situation been occurring?

Your own assessment of your level of motivation to address your identified coaching challenge at this time?

What are the desired outcomes you are looking for from this coaching engagement?

What obstacles are likely to 'get in the way' of you reaching this outcome?

What successes have you had in the past that motivate you to tackle this change now?